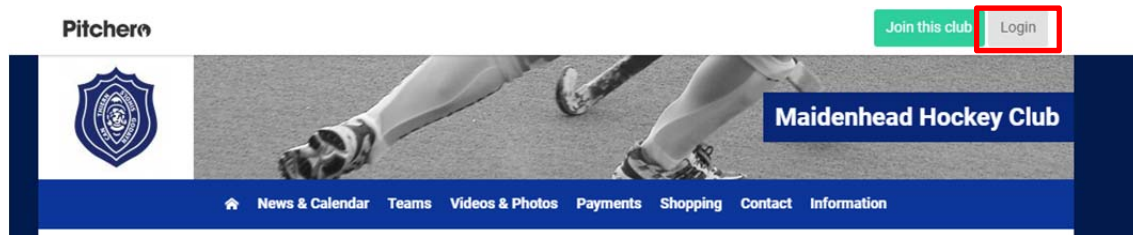
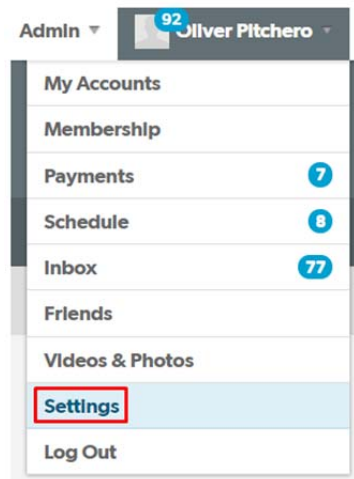


## How to update your email preferences on the MHC website

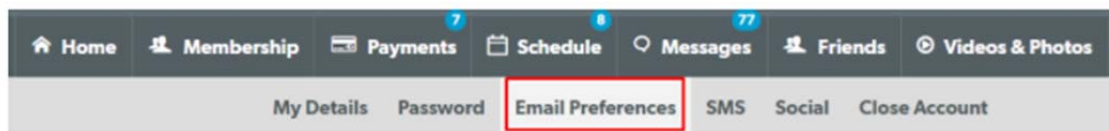
1. Log into your website account at [www.maidenheadhc.org.uk](http://www.maidenheadhc.org.uk)



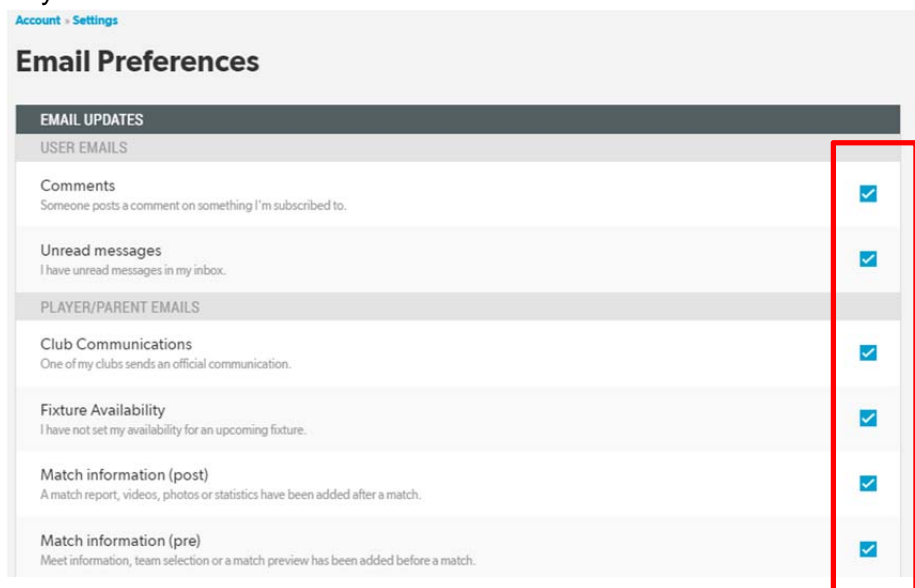
2. Once logged in click on your name in the top right-hand corner and select Settings.



3. After that select Emails preferences from the menu across the top of the page.



4. Scroll down and select which communication you wish to receive from MHC and also any communication from Pitchero



5. Once you've updated your preferences you can log out